

10A NCAC 14J .1723 MENUS

- (a) Menus shall be prepared in consultation with a registered dietitian.
- (b) Menus shall be written and portion sizes shall be specified.
- (c) Menus shall be dated and posted one week in advance.
- (d) Menus shall be served as written to inmates in the municipal lockup. Any necessary substitutions shall be of comparable nutritional value, and a written record of substitutions shall be kept.
- (e) The same menu shall not be served at lunch and dinner on the same day.
- (f) Dated menus and records of any substitutions shall be retained for three years.

*History Note: Authority G.S. 153A-221;
Eff. June 1, 1990;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 5,
2016.*